**Chive Plant**



**Allium schoenoprasum**

Recommended by the RHS to be an excellent attractant and nectar source for bees and other beneficial insects.

* Hardy perennial.
* Evergreen in most climates but can die back in harsh Winters.
* Cylindrical leaves.
* Mild onion flavour.
* Pink flowers June to August.
* Likes a sunny position but will tolerate shade.
* Likes rich, moist but well drained soil. Will tolerate poorer soils.
* Remove flowers for best flavour, but flowers can be used in salads.
* Split / divide every 3 - 4 years in Spring.
* Can be grown indoors or out.
* Usually reach 12 - 24" (30 - 60 cm) tall.
* Always leave 2" (5 cm) for best re-growth.
* **Culinary Uses.**
* Flowers can be used in salad.
* Leaves can be used in salad, omelettes, sandwiches, cream cheese and so much more!
* **Medicinal Uses.**
* Contain mild antibiotics and some iron.
* A source of Vitamin C.
* Can stimulate your appetite
* Can improve your digestion and help with intestinal problems.
* Can be used as a mild laxative.
* Homeopaths use to treat colds and bronchitis.
* **Other Uses.**
* Can be used to deter aphids and mildew.

[](https://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwi4neef4vDhAhUz8uAKHaWlAmsQjRx6BAgBEAU&url=https%3A%2F%2Fwww.medicalnewstoday.com%2Farticles%2F275009.php&psig=AOvVaw05DxZCFFnInHzTlB_1fEfd&ust=1556471447388728)